

The METRO LEAGUE

@ Ascension Lutheran - 7249 N Milwaukee Av, Niles

YOUTH BASKETBALL LEAGUE INFORMATION

***2020/21 SEASON TO BE DETERMINED BY STATE & LOCAL HEALTH GUIDELINES**

3RD, 4TH, 5TH GRADE BOYS & GIRLS TEAMS

*NEW 6th, 7th, 8th Grade Intramural Leagues (Boys & Girls)

*No Travel, School or Program Teams permitted in Intramural Leagues
(6-team minimum necessary for all leagues)

All games played at **Ascension Lutheran Church gym**
7429 N Milwaukee Ave, Niles, IL

LEAGUE BEGINS	November 2020
LEAGUE ENDS	February 2021
GAMES	10 regular season games + playoffs (<i>min. 2 games</i>)
FEES	League Fee: \$370.00 Referee Fee: \$30.00 per game (<i>per team/minimum of 12 games</i>)
GAME ADMISSION	Adults: \$1.00 Children (over 8 years old): .50 cents Players & Coaches: Free

RULES AND REGULATIONS

- ✓ **Players are restricted to playing for 1 team at each grade level only, regardless of division (e.g., a 4th grade boy can't play on a 4th grade boy's NBA team and a 4th grade boy's NCAA team).**
- ✓ 4 quarters, 6 minutes each (clock stops on all whistles) – 3 timeouts per game.
- ✓ Bonus shot on 10th team foul in a Half (one and one only – no super bonus).
- ✓ 3rd, 4th & 5th grade cannot press until the last 2 minutes of the game. If a team is winning by 6 points or more, they cannot press.

- ✓ 3rd boys & 4th grade girls leagues, once a team gains control in their backcourt, defenses must retreat at least to their opponents 3 point line until the ball crosses half court, at which time they may come out & play defense. Too often, stronger teams wait at the half court line and steal the ball from inexperienced teams as soon as they cross that line. We'll try this for a team's 1st 3 games and then revisit it, if changes are warranted.
- ✓ 6th, 7th, 8th grade may press anytime until up by 10 points.
- ✓ 3rd & 4th grade free throw distance is 11 feet, 5th grade is 13 feet, 6th grade 15 feet.
- ✓ 28.5 ball used / 10' baskets / court size: 75' X 43'. 6th, 7th, 8th grade leagues use 29.5 ball
- ✓ 6 personal fouls to foul out of game in grades 3 through 5 / all other grades, it is 5 fouls.
- ✓ Technical foul (unsportsmanlike conduct/zero tolerance policy) = 2 points and the ball.
- ✓ Overtime – a 2:00 minute Sudden Death period, first point wins or if no one scores in 2:00 period, a tie will be declared (**except in playoffs - full 2 minute OT period till winner decided*).
- ✓ Teams are responsible for supplying their own, numbered jerseys.
- ✓ **2 IHSA registered officials used per game.**
- ✓ Awards are issued for 1st thru 4th (10 trophies max per team).

GAME DATES AND TIMES

Mondays > Fridays	5:30 pm – 8:00 pm
Saturdays	9:00 am – 8:00 pm
Sundays	12:30 pm – 7:00 pm

**No games Thanksgiving Eve > Day After Thanksgiving (Nov 23 – 28)*

**No games Christmas Eve thru New Years (Dec 20 – Jan 4)*



SCHEDULING CONFLICTS

WE WILL WORK AROUND ANY REASONABLE SCHEDULING CONFLICTS, AS LONG AS WE KNOW WHAT THEY ARE BY OCTOBER 25, 2020.

- ✓ List any/all potential scheduling conflicts your team may have from November 2020 thru the month of January 2021.
- ✓ Remember to list any school/church functions, vacations, and other sporting events – any event that you will be unable to field a team.
- ✓ You may email any such conflicts separate from your registration form/fee. We must, however, have them by October 25, 2020.

WE WILL NOT ACCEPT ANY TEAM WITH LIMITED SCHEDULING AVAILABILITY.
Any team with unreasonable scheduling requests will have their league fee returned.



QUESTIONS?

Email Tim at tim@themetroleague.com or visit our website at
www.themetroleague.com